

PE Day at North and South Cowton

On Wednesday the 17th of October we had an absolutely fantastic day of PE, the children literally did not stop moving from 9.30 am to 3.00pm. Working collaboratively with Melsonby Methodist Primary School, the children took part in Skip2Bfit, football skills and relay races, Box2Bfit and then a selection of games designed to improve hand - eye co-ordination. Even at playtime and lunchtime the fun did not stop.

The day was helped by the lovely weather we enjoyed but more importantly through the commitment of all the staff who assisted. I would like to say a huge thank you to the staff of North and South Cowton and Melsonby for their supervision of the children. We were also lucky enough to have Mike Layfield, Victoria Sellers and Dave Gibson (who ran the Skip and Box 2Bfit) leading all the sessions; many thanks to you for your help and expertise.

However, the real stars of the show were the children who thoroughly enjoyed themselves and absolutely loved working together; inter school friendships have been made! I have had many children asking me, when next can we all work together? We have separate whole school cycling days coming up in November and then a joint Archery Day in January. However, I'm sure we will work collaboratively before January.

On a final note Dave Gibson told me at the end of the day what well-mannered, happy and enthusiastic children we have and you would think they were all children from the same school in the way they all got along and worked together. Praise indeed.

Mr Watson



